Thomas Ave
Fry St
51
Hamline Ave
Lexington St
Avon St
Grotto St
Dale St
Marion St
49
Como Ave
Pennsylvania Ave
35E
Rev Dr Martin Luther King Jr Blvd
Cedar St
Jackson St
State Capitol
Regions Hospital
University Ave
Midway Marketplace
Victoria St
Aurora Ave
Robert St
Constitution Ave
Western Park
Rice St
3.1
6.2
94
John Ireland Blvd
Concordia College
Dunning Field
Oxford St
Marshall Ave
HALF MILE TURN
St Paul Technical College
Minnesota History Center
Wabasha St
Kellogg Blvd
Selby Ave
Laurel Ave
Cathedral of St Paul
7th St
Warner Rd
Farrington St
ONE MILE TURN
5th St
Snelling Ave
Western Ave
Mackubin St
Arundrel St
Portland Ave
5K TURN
Summit Ave
Smith Ave
5
10K TURN
Grand Ave
Exchange St
RiverCentre
Robert St
Wabasha St
Macalester College
Saratoga St
Pascal St
Albert St
Chatsworth St
7th St
Mississippi River
149
St Clair Ave
Linwood Park
Plato Blvd
Shepard Rd
Randolph Ave
N
W
E
S
KEY
Race Courses & Mile Markers
5K
10K
Course Markers
Water Stop
Caribou Coffee
RiverCentre Expo