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JASON HARTMAN WINS 28th ANNUAL MEDTRONIC TWIN CITIES MARATHON

*Tracy Lokken Wins 2009 USA Men's Masters Championship and
Colleen De Reuck Wins 2009 USA Women's Masters Championship
Saul Mendoza Wins Wheelers Race*

(St. Paul, Minn.) – The Medtronic Twin Cities Marathon announced today that Jason Hartman (28) of Grand Rapids, Mich., won the 28th annual race with a finishing time of 2:12:09. The marathon also hosted the USA Men's and Women's Masters' Championships. Tracy Lokken, a returning favorite to the course, secured the 2009 USA Men's Masters Championship at 2:22:34; as previously announced, Colleen De Reuck (45) of Boulder, Colo., secured the 2009 USA Women's Masters Championship at 2:32:37. At the race, runners embraced ideal running conditions with temperatures hovering in the mid 50s. The 28th Annual Medtronic Twin Cities Marathon started in downtown Minneapolis and finished at the state capitol in St. Paul, Minn.

Hartman maintained a lead after interrupting his own momentum during mile 23 to stop – and backtrack – to pick up his water bottle that he had inadvertently dropped. Following Hartman, Augustus Kavutu Mbus (32) of Tampa, Fla., placed second with 2:13:03 and John Njoroge (24) of Coon Rapids, Minn., placed third with 2:13:26. Carl Rundell (41; Birmingham, Mich.) and Robert Weiner (44; Evergreen, Colo.) placed second and third for the Men's Masters Championship, respectively, with finishing times of 2:25:41 and 2:27:09 respectively.

De Reuck, a four-time Olympian, boasted a more than ten-minute lead while crossing the finish line in the women's masters race; Susanah Beck (41) of Brunswick, Maine, placed second with 2:43:18, and Mary Coordt (40) of Elk Grove, Calif., placed third with 2:45:00.

Course record holder in the wheeler division, Saul Mendoza (42) of Wimberly, TX, finished with a lightening fast speed of 1:40:50. Scott Parson (50; San Jose, Calif.) and Tony Iniguez (39; Savoy, Ill.) finished with second and third place times of 1:40:55 and 1:44:40 respectively.

“Each of our championships had spectacular highlights and we proud of all of our fields,” said Virginia Brophy Achman, executive director of Twin Cities Marathon, Inc. “Congratulations to our winners, and to all the runners who made conscious decisions to train long-term for a challenging, yet rewarding athletic experience. The Medtronic Twin Cities Marathon has reached strength in numbers and popularity because of the local, national and international running communities that find a unique sense of community in our race.”

The USA Men's and Women's Masters Marathon Championships were USA Track & Field national championship events that started with the open Medtronic Twin Cities Marathon field at 8:00 a.m., Sunday, October 4. The 28th annual race began near the HHH Metrodome and in front of the state capitol. Runners

spanned all 50 U.S. states and represented 20 countries. For complete marathon results, please visit www.mtcmarathon.org.

About Medtronic Twin Cities Marathon Weekend

The Most Beautiful Urban Marathon in America® is recognized as one of the top marathons and great road races of our time and registration is currently underway. Join us as the tradition continues October 2-4. The three-day weekend celebration of fitness includes the inaugural TC 10K, a 5K run/walk, children's fun runs, pasta dinner, health and fitness expo and Medtronic TC 10 Mile, in addition to the marathon. Medtronic is the title sponsor of marathon race weekend events. Visit mtcmarathon.org for more information.

About Twin Cities Marathon, Inc.

Twin Cities Marathon, Inc. is the non-profit organization that organizes running events throughout the year, including the 5th Annual Medtronic TC 1 Mile, 28th Annual Medtronic Twin Cities Marathon, 11th Annual Medtronic TC 10 Mile, the inaugural TC 10K, the 23rd Annual Medtronic TC Family Events & TC 5K and Medtronic TC Kids Marathon program and related events, as a community service for the Minneapolis/St. Paul area. Visit mtcmarathon.org for more information and on our [Twin Cities Marathon, Inc. page](#) on Facebook.

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