



**TWIN CITIES IN MOTION**

**FOR IMMEDIATE RELEASE**

**June 7, 2010**

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**2010 MEDTRONIC TWIN CITIES MARATHON REACHES CAPACITY**

*Record 11,200 Runners to Participate in October 3 Event*

(Minneapolis, MN) – Registration for the 2010 Medtronic Twin Cities Marathon closed this past weekend when the event reached its 11,200 runner capacity. Participants from all 50 states and 14 countries will compose the marathon’s largest field ever.

The 29<sup>th</sup> annual event, to be run on October 3, reached its capacity for the 23rd consecutive year.

“This great fall tradition celebrates the aspirations of the every day marathoner, as well as the professional athletes,” Twin Cities In Motion executive director Virginia Brophy Achman said. “The community continues to support our events and we thank all of our participants for choosing to run their fall race with us.”

Those still wishing to take part in the race can reserve their spot at the start line October 3 through the Twin Cities In Motion Community Partners Fundraiser Entry Program benefiting the organization’s youth fitness partners, including Bolder Options, Migizi Communications and the YWCA of Minneapolis. The fundraiser offers 150 additional online marathon entries with donations used to support these partners. Interested participants can go online to [mtcmarathon.org](http://mtcmarathon.org) to take part in the Fundraiser Entry Program. For the price of registration, plus a \$100 tax-deductible donation, the first 150 entries received will gain entry into the 29<sup>th</sup> running of The Most Beautiful Urban Marathon in America®.

Twin Cities In Motion focuses its fundraising efforts on kids’ fitness and wellness through its youth fitness partners. The funds raised through the Fundraiser Entry Program help these organizations focus on their core missions that benefit youth and to promote healthy lifestyles while reducing the alarming increase in childhood obesity in the Twin Cities.

***About Medtronic Twin Cities Marathon Weekend***

The Most Beautiful Urban Marathon in America® is recognized as one of the top marathons and great road races of our time. Join us as the tradition continues October 1-3. The three-day weekend celebration of fitness includes a 10K run, 5K run/walk, children's fun runs, pasta dinner, health and fitness expo and

Medtronic TC 10 Mile, in addition to the marathon. Medtronic is the title sponsor of marathon race-weekend events. The “Best Place to Race” contest will award one marathon participant the opportunity to experience their run the same was a professional runner in our Championship races. Visit [mtcmarathon.org](http://mtcmarathon.org) for more information.

***Twin Cities In Motion***, (formerly *Twin Cities Marathon, Inc.*) is the non-profit organization that organizes running events throughout the year, including the Valentine’s Day TC 5K, 100% Irish For A Day TC 5K & TC 10 Mile, Medtronic TC 1 Mile, Red, White & Boom! TC Half Marathon, Medtronic Twin Cities Marathon, Medtronic TC 10 Mile, the TC 5K, TC 10K & Medtronic TC Family Events, and Medtronic TC Kids Marathon program and all related events, as a community service for the Minneapolis/St. Paul area. Visit [mtcmarathon.org](http://mtcmarathon.org) for more information and Twin Cities In Motion page on Facebook.

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