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CONTACT: Kristine Smith
Marketing and Public Relations Manager
(763) 287-3888 x 13

**TOP-OF-THE-CIRCUIT FIELD JOINS MINNESOTA RUNNERS IN
MEDTRONIC TC 10 MILE FOR FINAL TEST OF FITNESS BEFORE
OLYMPIC TRIALS IN NEW YORK**

October 7 race will serve as USA Men's 10 Mile Championship attracting national field of competitors

(Minneapolis) – Some of the biggest names in running will join professional runners from Minnesota in pursuit of the USA Men's 10 Mile Championship, Sunday, October 7, in Saint Paul, Minn.

Two-time Olympian Abdi Abdirahman and 10,000m and marathon Olympian Dan Browne take to the field with Team USA Minnesota runners Jason Lehmkuhle, Chris Lundstrom and Andrew Carlson, as well as local runners Zachary Schendel and Donovan Fellows. Ryan Shay, two-time Medtronic Twin Cities Marathon champion Mbarak Hussein, and Simon Sawe will round out the start. The championship is part of the 9th annual Medtronic TC 10 Mile.

Abdirahman, who recently won the 2007 USA 10 km road and 10,000-meter track titles, was the 2006 USA 10 Mile Champion. Browne, who picked up the men's USA 5K Championship title Sunday in Providence, R.I., captured his third USA 20km Championship title at the 2007 race in New Haven, Conn. on Labor Day, and was the 2004 USA Men's 10 Mile Champion. Shay, who finished 3rd at the 2006 USA Marathon Championship at Medtronic Twin Cities Marathon, was also the 2003 USA Marathon Champion. And Lehmkuhle, who picked up first at the Cow Harbor 10K September 15, finished 3rd at the 2007 USA 20k Championships, and 3rd in the 2006 USA Men's 10 Mile Championship.

"We are pleased with the level of competition in this year's Medtronic TC 10 Mile," said Twin Cities Marathon, Inc. executive director Virginia Brophy Achman. "The field set for the USA Men's 10 Mile Championship is top-notch. The opportunity for us to host the championship this year recognizes our desire to support long distance running and also training efforts throughout the United States, such as Team USA Minnesota and the USATF Distance Project, both of whom we support through our silver level sponsorships."

Five Minnesotans, including Lehmkuhle, Carlson, Lundstrom, Schendel and Fellows, will join the more than 30 Olympic Trials, Men's Marathon qualifiers in the race that will serve as a tune up for the trials in New York, November 3rd.

"I think people are really going to want to get out and watch the Medtronic TC 10 Mile," said Team USA Minnesota Coach Dennis Barker. "Many of the best distance runners in the U.S. will be here and it's going to be a great battle. The top three from last year's USA Men's 10 Mile Championship are back, including Team USA Minnesota's Jason Lehmkuhle and Andrew Carlson. The runners will be in peak condition because many of them are also preparing for the U.S. Olympic Trials – Men's Marathon, in New York. It's a fantastic course with some very fast parts and some very tough parts, which is going to make it a very compelling race."

The USA Men's 10 Mile Championship prize purse is \$25,000. The 2007 Medtronic TC 10 Mile gets underway at 7:10 a.m., Sunday, October 7.

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2007 Medtronic TC 10 Mile Elite Field Top Competitors (as of 9/19/07)

Last Name	First Name	Age	Residence	P.R.	Event
Men's Open					
Abdirahman	Abdi	28	Tucson, Ariz.	2:08:56	2006 LaSalle Bank Chicago Marathon
Browne	Dan	32	Beaverton, Ore.	2:11:35	2002 Twin Cities Marathon
Shay	Ryan	28	Flagstaff, Ariz.	2:14:29	2003 Birmingham Marathon
Lehmkuhle	Jason	30	Minneapolis	2:16:27	2004 U.S. Olympic Marathon Trials
Hussein	Mbarak	42	Albuquerque, N.M.	2:08:10	2004 Dong A Marathon (Seoul)
Sawe	Simon	33	Santa Fe, N.M.	2:13:33	2005 Grandma's Marathon
Carney	James	29	Boulder, Colo.	27:43.64	2007 Cardinal Invitational (10,000-m)
Leslie	Brandon	31	Albuquerque, N.M.	2:15:21	2006 LaSalle Bank Chicago Marathon
Carlson	Andrew	25	Minneapolis	48:51	2006 USA 10 Mile Championship
Driscoll	Joe	27	Blowing Rock, N.C.	2:18:40	2006 ING New York Marathon
Lundstrom	Chris	31	Minneapolis	2:17:34	2006 USA Marathon Championship
Schendel	Zach	29	Minneapolis	2:20:34	2007 Cal International Marathon
Hooley	Matt	25	Madison, Wis.	2:19:51	2007 Chevron Houston Marathon
Jameson	Teren	30	Taylorville, Utah	2:16:27	2004 Twin Cities Marathon
Franzen	Donnie	28	Chicago	2:20:49	2006 LaSalle Bank Chicago Marathon
Stelljes	Corey	26	Madison, Wis.	2:20:32	2006 LaSalle Bank Chicago Marathon
Stanko	Nick	26	Haslett, Mich.	49:47	USATF 10 Mile Championship
Fellows	Donnie	28	Woodbury, Minn.	2:19:23	2006 LaSalle Bank Chicago Marathon

About New York Road Runners

New York Road Runners, soon to celebrate its 50th anniversary, is dedicated to promoting the sport of distance running, enhancing health and fitness for all, and responding to community needs. Our road races and other fitness programs draw upwards of 300,000 runners annually, and together with our magazine and website support and promote professional and recreational running. A staff of more than 100, assisted by thousands of volunteers, stages the ING New York City Marathon, as well as a road race nearly every weekend plus many track and cross country events. NYRR's home base in New York, and its lifelong identification with Central Park, have given many of its events iconic status, attracting the world's top professional runners. Our youth programs provide running to 30,000 schoolchildren in New York City and around the country who would otherwise have few or no fitness opportunities. For more information, visit www.nyrr.org.

About Team USA Minnesota

Team USA Minnesota is based in the Twin Cities of Minneapolis/St. Paul. Formed in 2001, the purpose of the nonprofit training center is to improve post-collegiate American distance running and to develop Olympians. The athletes are coached by Dennis Barker, head cross country and track coach at Augsburg College in Minneapolis. Team USA Minnesota's major sponsor is Life Time Fitness (www.lifetimefitness.com) and its silver sponsor is the Twin Cities Marathon, Inc. (www.mtcmarathon.org). It is also supported by the New York Road Runners and the USA Distance Project. For more information, visit the web site at www.teamusaminnesota.org.

About Medtronic Twin Cities Marathon

The Medtronic Twin Cities Marathon is recognized as one of the top marathons and great road races of our time. Join us as the tradition continues October 5-7, 2007. The three-day weekend celebration of fitness includes a 5K run/walk, children's fun runs, pasta dinner, health and fitness expo and Medtronic TC 10 Mile, in addition to the marathon. Major media sponsors include Clear Channel Radio, KARE 11 and the Pioneer Press. Twin Cities Marathon, Inc. is the non-profit organization that directs high quality running events as a community service for the Minneapolis/St. Paul area. Visit www.mtcmarathon.org for more information.

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