



M E D T R O N I C  
T W I N C I T I E S  
M A R A T H O N

**FOR IMMEDIATE RELEASE**

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**OLYMPIANS AND NCAA CHAMPIONS PART OF MEDTRONIC TC 1 MILE FIELD**

*Competitors to race for one of nation's largest one-mile prize purses*

(Minneapolis, MN) – The fourth annual Medtronic TC 1 Mile takes off along the Nicollet Mall in downtown Minneapolis, May 8<sup>th</sup> and will feature its strongest fields ever, on both the men's and women's sides.

“We could not be more pleased with the level of competition for this year's mile,” said Twin Cities Marathon, Inc. race director Brian Mastel. “The fields include two Olympians, a three-time NCAA Champion, an age-group world record holder, and nine men who have broken the four-minute barrier. We have a couple of athletes in both fields who like to push the pace, so we expect a fast race on the 8<sup>th</sup>.”

Joining two-time champion of the event, Luke Watson, will be Team USA Minnesota runner Brad Lowery, in addition to former Team USA Minnesota runner, Ryan Kleimenhagen. The field also includes two runners who've recently been added to the list of sub-four minute milers, Steve Sherer, ranked second in the United States at the mile indoors and Jordan Fife, ranked 6<sup>th</sup> in the United States at the mile indoors, as well as several runners from Kenya, including Haron Lagat, Vincent Rono, Josephat Kithii, Eliud Njubi, and Benson Chesang.

The women's field will feature 2004 Olympian Carrie Tollefson, her Team USA Minnesota teammate Emily Brown, former NCAA 1500 meter champion Tiffany McWilliams, and the top returning runner from last year's race, Colleen Newhart. This year's race will also have a strong international field with such runners as, Rose Kosgei, Margaret Chirchir, Meskerem Legesse, and Marina Munca.

**MEN'S CHAMPIONSHIP WAVE PRESENTED BY M&I BANK**

<i>BIB#</i>	<i>NAME</i>	<i>AGE</i>	<i>COUNTRY</i>	<i>1500 - MILE PR</i>	<i>FACT/COMMENT</i>
1	Steve Sherer	27	USA (MI)	N/A - 3:56.00	Broke 4-minutes for the first time in February, ranked #2 in 2007 US Indoor Mile.
2	Christian Hesch	29	USA (CA)	3:40 - 4:02	6 <sup>th</sup> at USA Men's 8K Championships in March
3	Haron Lagat	24	Kenya	3:46 - 3:58	Ran a 13:36 PR at the Carlsbad 5K in April.
4	Luke Watson	27	USA (IN)	3:42.43 – N/A	Won the Drake Relays 8K in 23:59 in April.
5	Sean McCabe		USA (TX)	3:57.80-4:03.33	
6	Ryan Kleimenhagen	26	USA (WI)	N/A - 3:59.00	
7	Vincent Rono		Kenya	3:37.96 - 3:59.63	3rd in the Drake Relays 1500m in 4:06.71.
8	Josephat Kithii		Kenya	3:41.5 - N/A	
9	Eliud Njubi	28	Kenya	3:38.18 - 3:56.84	
10	Aucencio Martinez		USA	3:40.85 - 4:01.58	
11	Jordan Fife	24	USA (IN)	3:44.06 - 3:59.74	2-time all-American at Indiana State, ranked #6 at 2008 US i
12	Brad Lowery	25	USA (MN)	3:42.44 - 4:01.67	9th in the Drake Relays 1500m in 4:16.94.

## WOMEN'S CHAMPIONSHIP WAVE

### PRESENTED BY

### M&I BANK

BIB#	NAME	AGE	COUNTRY	1500 - MILE PR	FACT/COMMENT
17	Carrie Tollefson	29	USA (MN)	4:06.13 - 4:27.95	2004 Olympian in the 1500m.
18	Tiffany McWilliams	25	USA	4:06.30 - 4:29.56	3-time NCAA 1500m champion at Mississippi St.
19	Colleen Newhart	27	USA (IL)	4:19.12 - N/A	Finished 4th at last year's TC 1 Mile in 5:08.
20	Marina Munca	25	Serbia	4:08.02 - 4:34.67	7-time all-American at Villanova.
21	Alisa Harvey	42	USA (DC)	4:08.33 - 4:29.65	9-time all-American at Tennessee.
22	Rose Kosgei	26	Kenya	4:10 - N/A	Ran a 15:21 PR at the Carlsbad 5000m in April. Ran 4:40.40 for 1500m in February to set World Age Group Record for 45-49 year olds.
23	Zofia Wiecekowska	45	USA (CT)		
24	Margaret Chirchir	29	Kenya	4:11.69 - N/A	Won the Shamrock 8K in Virginia Beach in 26:58.
25	Meskerem Legesse	21	Ethiopia	4:03.96 - 4:42.77	2004 Olympian for Ethiopia.
26	Rasa Troup	31	USA (MN)	4:17:13 - 4:39:5	2 <sup>nd</sup> at Drake Relays in Steeplechase in 19:51:28.

Runners will be battling for their share of the largest prize purse in the history of the event. The 2008 Medtronic TC 1 Mile prize purse is \$25,000, one of the largest mile prize purses in the nation. As an added incentive, \$10,000 will be awarded to the first man and woman to break 4:00 and 4:28, respectively.

Awards for first through third places in the Men's and Women's Championship Wave will be presented by M&I Bank at a special ceremony immediately following the Championship waves at approximately 8:10 p.m. on May 8<sup>th</sup>. The ceremony will take place inside the M&I Branch at 651 Nicollet Mall. A break-down of the prize purse and awards is listed below:

### 2008 Prize Purse - \$25,000 total

Place	Men & Women*	Men & Women**		
1st	\$ 4,000	\$ 750	\$ 100	\$ 500
2nd	\$ 2,500	\$ 500	\$ 100	
3rd	\$ 1,000	\$ 300	\$ 100	
4th	\$ 750	\$ 250	\$ 100	
5th	\$ 500	\$ 200	\$ 100	
6th	\$ 250	\$ 150	\$ 100	
7th	\$ 125	\$ 100	\$ 100	
8th	\$ 100	\$ 75	\$ 100	
9th	\$ 75	\$ 50	\$ 100	
10th	\$ 50	\$ 25	\$ 100	

\* Championship awards are presented by M&I Bank and will be awarded from the Championship Waves only.

\*\*Masters prize money can be awarded from any wave and will be awarded based on chip time

Ten Middle of the Pack prizes will be randomly awarded within the Mass and Age Group Waves

USATF MN Team Circuit prize money will be awarded based on the scoring formula used by the circuit.

**Time Bounty - \$10,000 will be awarded to the 1st place male breaking 4:00 and the 1st place female breaking 4:28.**

## AWARDS

1st, 2nd and 3rd place age group awards will be given in the following categories: 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 & over.

For more information about the race, visit [www.mtcmarathon.org](http://www.mtcmarathon.org).

***About the Medtronic Twin Cities Marathon***

The Most Beautiful Urban Marathon in America® is recognized as one of the top marathons and great road races of our time. Join us as the tradition continues October 3-5, 2008. The three-day weekend celebration of fitness includes a 5K run/walk, children's fun runs, pasta dinner, health and fitness expo and Medtronic TC 10 Mile, in addition to the marathon. Medtronic is the title sponsor of marathon events and other major sponsors include Target, KARE 11 and the Pioneer Press. Twin Cities Marathon, Inc. is the non-profit organization that directs race weekend as a community service for the Minneapolis/St. Paul area. Visit [www.mtcmarathon.org](http://www.mtcmarathon.org) for more information.

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